



HELP CHANGE THE COURSE OF MYELOMA IN YOUR COMMUNITY

1. KNOW THE FACTS

- Myeloma is the most common blood cancer in African Americans
- Myeloma is diagnosed 2X as often in African Americans
- Myeloma outcomes improve with early diagnosis and treatment

2. RECOGNIZE POSSIBLE EARLY WARNING SIGNS

- Bone pain (persistent or recurrent)
- Back pain (persistent or recurrent)
- Fatigue (unexplained or progressive tiredness)

3. SPREAD THE WORD

- Share with family & friends myeloma videos, patient stories, the latest research, free publications, and a myeloma tool kit here:
<https://mpower.myeloma.org/>



#AmplifyBlackMyelomaVoices

